

# Deployment



Airman and Family  
Readiness Center



940 Arnold Drive  
Little Rock AFB, AR 72099  
(501) 987-2667

Hours of Operation 0730-1630  
Closed Tuesdays at 2:00pm for  
training



## A&FRC Programs

Air Force Aid Society

Air Force Key Spouse

AF Wounded Warrior

Air Force Families Forever

Career Focus

Deployment Support

Exceptional Family Member  
Program-Family Support  
(EFMP-FS)

Personal Financial Readiness

Relocation/PCS

Personal and Work Life

Separation/Retirement

Volunteering



Updated 2017

## REINTERGRATION BRIEFING

This briefing addresses challenges that service members and families face returning home from a deployment.

Every Tuesday and Thursday at 1300 at A&FRC



## USEFUL LINKS

[www.militaryonesource.com](http://www.militaryonesource.com)  
[www.militarykidsconnect.org](http://www.militarykidsconnect.org)  
[www.familiesnearandfar.org](http://www.familiesnearandfar.org)  
[www.rockinattherock.com](http://www.rockinattherock.com)

# Deployment



## Introduction

The A&FRC is the focal point for personal and family readiness services, as well as serving as a consultant for leadership on family separation concerns.



Services and activities help prepare members and families to successfully manage separation.



## SUPPORT SERVICES

- **Pre-Deployment Briefings**
- **Emotional Stages of Deployment Brief**
  - Pre-Deployment & Reintegration
- **Reintegration Briefings**
- **Support Groups**
- **Give Parents a Break**
  - Free Child Care offered monthly
- **Car Care Because We Care**
  - Free Oil Change
- **Morale Calls**
- **Hero Pillow Cases**
- **Extended Absence Financial Plan**
- **Pre-, During, and Post Deployment Child Care**
  - 16 Hours per deployment phase
- **Discovery Resource Center**
  - Internet
  - Employment Services

## SUPPORT PROGRAM EVENTS

- **Monthly Spouse/Family Activities**
- **Key Spouse Contact**
- **Quarterly Deployment Dinner**
- **Special Events**



## PRE-DEPLOYMENT BRIEFING

This briefing addresses common personal and family readiness issues that both single and married military members face before, during, and after a deployment as well as services and support available for the duration of the deployment.

**Every Wednesday at 9:00am at A&FRC**